



# COACHES & ADULT STAFF “CODE OF CONDUCT”

(Rev. 03/14/2016)

Pacific Coast Youth  
Football/Cheerleading Conference, Inc.  
3701 Inglewood Ave PMB #318  
Redondo Beach, Ca. 90278

**All football and cheer coaches, trainers, and adult staff members will abide by a Code of Conduct which includes the provisions that follow. Any violation of these rules may result in the revocation of coaching or personnel privileges in the Pacific Coast Conference.**

## **COACHES, TRAINERS & ADULT STAFF SHALL:**

- 1.** Always uphold and abide the Rules and Regulations your Association regarding Football and Cheerleading, and abide by the PCC Coaches & Adult Staff Code of Conduct, Parents Code of Conduct (if applicable), Bylaws, Tackle, Flag, and/or Cheer Rules. Any violation of these rules or any Pacific Coast Conference directive by either a Board of President ratified Vote, a Commissioner or Deputy Commissioner decision, will result in immediate action from the PCC, whether a Deputy Commissioner or PCC Commissioner, and will include penalties up to, and including ejection, suspension, expulsion from coaching or personnel privileges, forfeiture of your membership for the current season, and being subject for review for any other subsequent year. The PCC has a ZERO-TOLERANCE Policy in effect at all times. (NOTE: Tackle Rule 13, Section 2 – Personal Fouls (Adults), Paragraph 5c states: “Any coach, parent or family member that is ejected or removed from any PCC function will be **suspended along with the player/cheerleader associated with the team.**”).
- 2.** Always remember as a member of the Pacific Coast Conference if I am **ejected or removed** from any Association or Pacific Coast Conference function I/We will refrain from attending any practices/games/competitions for a 2 (two) week suspension period. Once ejected I will give up my badge freely until my suspension is up. Further, if I break this rule I will be banned from the Pacific Coast Conference for a period of the next 5 (five) years. For any actions that violates this Code of Conduct, PCC Bylaws, or PCC Rules. (NOTE: Tackle Rule 13, Section 2 – Personal Fouls (Adults), Paragraph 5c states: “Any coach, parent or family member that is ejected or removed from any PCC function will be **suspended along with the player/cheerleader associated with the team.**”).
- 3.** Never show **any act of disrespect**, including but not limited to inflaming, taunting or intimidation from a parent/fan/spectator directed towards game officials/judges, Conference officials, City Association Staff members (including coaches), parents, children, and/or spectators, creating a disturbance either in the stands, in the Press Box, on the playing field, in the parking lot, or on any adjacent property or location to the football game or cheer event, will result in an immediate ejection or suspension of the person(s). The PCC Deputy Commissioner handling, the situation may choose either, depending on the situation and their judgment. Said penalty will be handed down to that individual immediately by the Conference official, and the assessed penalty will not require a hearing to be assessed. This includes persons who have been ejected by PCC or Game Officials/Judges. The PCC has a ZERO TOLERANCE policy in effect at all times (NOTE: Tackle Rule 13, Section 2 – Personal Fouls (Adults), Paragraph 5c states: “Any coach, parent or family member that is ejected or removed from any PCC function will be **suspended along with the player/cheerleader associated with the team.**”).
- 4.** **Never smoke** and/or use smokeless tobacco, including but not limited to **E-Cigarettes/Vapor Cigarettes**, at any PCC function, including but not limited to, on the practice or playing field, or in the presence of a gathering of the team/squad, whether on the field, in the stands, or at a cheer event. (i.e.: after a game/practice or team/squad meetings or pizza parties.).

5. **Always abstain** from the possession and drinking of **alcoholic beverages**, the possession, use of **any illegal substance** and from being **under the influence of ANY** substance, prescription, or otherwise, prescribed to any individual or myself, at any Association/Pacific Coast Conference function. (i.e.: at games/practice, cheer events, after a game/practice, team/squad meetings, gatherings or pizza parties.).
6. Never receive any payment, in cash or kind, for services as a coach in Pacific Coast Conference Football/Cheerleading.
7. Together with team officials, be jointly responsible for the **conduct and control of team fans and spectators**. Any fan who becomes a nuisance and out of control will be asked to leave. Remember your team and fan reaction will be in step with your reaction.
8. Always remember that you are a youth coach or volunteer, and that the game/program is for the children and **not** the adult's **lust for glory**.
9. Never use **abusive** and **profane** language at any time.
10. Never **criticize, belittle, antagonize, berate** or otherwise **incite** an opposing team, its players, coaches, cheerleaders or fans by word of mouth or **by gesture**.
11. **Never verbally abuse or criticize** players/cheerleaders in front of spectators during game situations, but reserve constructive coaching/teaching for later, in private, or in the presence of team/squad members if others might benefit.
12. Never deliberately incite or participate in **unsportsmanlike** conduct. Instead, always lead by example, demonstrating fair play and sportsmanship to all of my players/cheerleaders.
13. Never post any slanderous comments or statements on all social media sites regarding the PCC or its Associations. This is prohibited and will be subject to penalties.
14. Always be dressed appropriately. All coaches and adult staff members must be dressed appropriately in Association T-Shirt or Polo. No sagging pants or shorts will be permitted. Hats must be worn with the bill straight to the front. For safety reasons, no flip flops or sandals may be worn on the field by any **coaches, players, trainers, or adult staff members**, including but not limited to Conference Commissioners, Presidents, Field Marshals, MPR personnel, Chain Gang personnel, and Medics.
15. Always wear the PCC ID Badge properly. The PCC ID Badge must be worn at all times during practices and games outside of the attire, in clear view at all times, on the colored lanyard provided by the conference.
16. Be prepared to attend all mandatory coaching clinics and complete online training, as this refers to all coaches.
17. Have a certificate from Heads Up and Concussion Awareness clinics, as this refers to all coaches.
18. Always accept decisions of the **game officials, judges, MPR Monitors & Conference Officials** on the field and in competitions as being fair and called to the best ability of the officials.

19. Never protest an official's call in an aggressive demonstrative manner, which might incite violent or aggressive fan involvement in public.
20. Always follow the proper **Chain of Command** listed in the PCC Rule Book when filling a complaint or voicing my opinion regarding any possible rule infraction or concern within the PCC organization.
21. Always emphasize that good athletes must strive to be good students and be both physically and mentally alert.
22. Always strive to make every football/cheerleading activity serve as a training ground for life, and a basis for good mental and physical health.
23. Always remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
24. Always place the **emotional and physical well-being** of your players/cheerleaders ahead of any personal desire to win
25. Always emphasize that winning is the result of good "teamwork."
26. Never engage in excessive sideline coaching and never leave the bench area to shout instructions from the sidelines.
27. Never "**pile it on;**" or encourage your team to get a commanding lead and **raise the score as high as you can.** If there is a big lead, every effort **shall be made** to let all players play.
28. Never permit or encourage "**sweating down**" tactics in order for a player to make the team weight.
29. Never permit any **ineligible** player/cheerleader to participate in a game or competition.
30. Always remove from a game or practice any participant when **even slightly in doubt** about his/her **health**, whether or not as a result of injury, until competent medical advice is available.

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***PLEASE NOTE:***

**One copy of these Code of Conduct rules MUST be placed in the front of each team/squads team's book of contracts.**

**The original signature page for EACH coach, trainer and adult staff must be kept behind the Code of Conduct rules in the order of the roster.**

**PLEASE NOTE:**

A **“COPY”** signature page ***MUST*** be kept in each  
Team/squads team’s book.  
The **“ORIGINAL”** of this signature page ***MUST*** be submitted  
with the Coaches & Adult Contract at Certification!



***COACHES & ADULT STAFF CODE OF CONDUCT***

(Rev. 03/14/2016)

By my signature below as a Coach, Trainer or Adult Staff in the Pacific Coast Conference, I have read and received a copy of and agree to abide by the Code of Conduct set forth by this Conference.

**Section I:****STAFF POSITION - Check one:**

Football/Cheer : Head Coach      Football/Cheer : Asst. Coach      : General Manager  
 : Trainer      : Other Specify: \_\_\_\_\_

**Section II:****DIVISION:**     Circle one

**Flag     TM     MM     JPW     PW     JM     Mid.     AA**

**Section III:**

**\*All Board positions signature page MUST be kept on file with the**

**Association. BOARD POSITIONS - Check one:**

: President      : Vice Pres.      : Athletic Director      : Treasurer  
 : Secretary      : Cheer Director      : Field Marshal  
 : Equip. Mgr.      : City Photog.      : Other (specify)\_\_\_\_\_

**Section IV:**

_____	_____
SIGNATURE of Applicant	PRINT Name
_____	_____
Association / City Name	Date